

Leadership and Assertiveness Skills – 2-day Workshop

DESCRIPTION

This 2-day fun, interactive and highly reflective workshop uses useful exercises, tools, techniques and presentations to learn about most of the skills needed to lead teams successfully and be assertive.

The workshop helps you understand the different facets of people leadership and practice these skills in a safe environment.

OUTLINE

This workshop focuses on:

- Roles in Teams
- Feedback
- Influencing Skills
- Goal Setting
- Delegation
- Priorities
- Motivation
- Social Styles
- Emotional Intelligence
- Assertiveness
- Situational Leadership
- Managing change in the organisation
- Conflict Management
- Managing your State of Mind
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BENEFITS

This 2-day workshop uses the principle of “little theory, much practice” allowing you to take back **real** skills, tools, and techniques that you can apply immediately in your work environment.

It is a workshop tailored to all managers who need to improve their leadership skills.

Participants will understand what comprises effective Leadership. What to do, what not to do, and to practice these skills in a safe environment.

In order to build a bridge between theory and real life, each participant will be asked to choose 3 objectives that they will accomplish based on what they have learned in this workshop. And 3 months after the workshop, we will organise a group conference call to discuss if the objectives were achieved, and if not, why not and what we can do to help.