



FACT SHEET



PMI® PMP CERTIFICATION PREPARATION

WHO AND WHAT IS PROPM-P?

proPM-P is your gateway to the PMP® Certification. It offers a first-class opportunity to prepare yourself for the Project Management Professional certification. It is highly recommended to follow an instructor-led course, because even though the PMI® ATP material is extremely comprehensive, on its own it will not enable you to pass this exam.

WHAT PROPM-P OFFERS

proPM-P has created an innovative and creative approach to prepare you:

- contents strictly covering all the [ECO](#) (exam content outline) and reflecting the entire PMI® ATP material
- access to the official PMI Training material called “PMI® Authorized PMP® Exam Prep” for which you will be provided with a digital access key to redeem this material
- experienced, certified instructors
- class discussions, activities, and case studies to bring the material to life in real project environments
- access to a world-leading exam simulation tool – X-AM which includes about 1300 test questions
- optional digital learning tools and services

COURSE PROVIDER

We are proud to announce that through our training partner STS | the project management training company, proPM-P is able to deliver PMI’s official “PMI® Authorized PMP® Exam Prep” which was developed for the new ATP program.



CONTACT US

Email: info@VIRAK.com

To choose a time for us to call you, click [HERE](#)

OUR TRAINERS

Our PMI® certified trainers within the ATP program, [Anders Pedersen](#) and [Steven Sloan](#), are what makes proPM-P special. They have both been along this path to certification with thousands of students and will accompany you to success in the exam. Based on 100% of students who reported they took the exam within the last year; we have an impressive record of a pass rate of 97%. We provide individual advice and guidance based on your situation and experience level.

OUR LEARNING APPROACH

Our courses are unique! proPM-P combines instructor-led training sessions with classical learning material and complementary digital learning tools. We focus on teaching best practices in project management. We have developed additional material, which while completely aligned with the PMI-provided student lessons, supplements, and complements to focus on the real challenges Project Managers have on a day-to-day basis. Lessons learned and sharing experiences plays a large part in our workshops.

The training is held in English, the trainers speak French and/or German.

LEARNING MATERIAL

In line with PMI's ATP training approach, each proPM-P participant will have access to

- PMI's extensive "**PMI® Authorized PMP® Exam Prep**" containing a student handbook, videos, templates, checklists, and self-assessment tests
- **proPM-P Course Material**: The electronically provided binder includes all slides presented by the trainer.
- Each participant will also have access to our **exam simulator X-AM PMP®** - an online learning tool which helps candidates
 - to **learn**, consolidate and revise subject matter by answering questions and reviewing explanations;
 - to **evaluate** their knowledge level and to follow their progression by means of statistically stored performance measurement;
 - to **practice** for the exam under close-to-real conditions.¹

¹ You can find more information of the exam simulator X-AM PMP® at: <http://sts.ch/en/products/certification/x-am-pmp-capm>

- As an option, each participant can add a **digital library of dedicated project management learning contents** which treat the different certification topics in more details. This self-paced digital learning material will reinforce the learning and provide in-depth insights to important project management topics including Agile, social competences, etc.

Participants should expect to make a considerable personal investment to prepare for this exam.

LEARNING JOURNEY

The public PMP certification preparation course is delivered in a blended learning format including an instructor-led trainings and a self-learning phase.

The journey starts with a **virtual kick-off meeting**, about one week before the first day of the training.

Then follows a 4-day course with individual preparation work – split into **2 blocks of 2 days**. The “All inclusive” package also offers distant coaching between the self-study phase and the classroom training.

Once you have completed the training, we recommend to invest in 90-100 hours of study and preparation time before taking the exam. Participants normally take the exam 2-3 months after the training.

The course is proposed in a hybrid format: face-to-face with the possibility to join in virtually.

ELIGIBILITY REQUIREMENTS

Earning your PMP® Certification is a commitment, and that is why it is valuable. Do you have real-world project management experience? Before you apply, make sure you meet the following set of PMP® Certification requirements:

- A four-year degree
 - 36 months leading projects
 - 35 hours of project management education/training or CAPM® Certification
- or —
- A high school diploma or an associate's degree (or global equivalent)
 - 60 months leading projects
 - 35 hours of project management education/training or CAPM® Certification

The proPM-P course fulfils the 35 hours of education requirement.

For more details please refer to the PMI® [PMP® Certification Handbook](#) and the [PMP Exam Content Outline](#).

If you are not sure about your experience or eligibility, we can put you in contact with one of our trainers to discuss and evaluate your experience.

PACKAGES & PRICES

For these training formats – conducted as public courses – the following individual training fee per participant applies:

	All Inclusive	Exam Pack	Prep Pack
Instructor-led training with a PMI® ATP accredited and experienced trainer	✓	✓	✓
Access to PMI Training material, particularly designed to prepare for PMP certification	✓	✓	✓
Additional training material designed by ProPM-P – complementary to PMI training material	✓	✓	✓
Support for the registration and certification process	✓	✓	✓
Exam simulator with more than 1300 questions to exercise on exam-like questions as many times you want	✓	✓	✓
PMI membership & access to additional digital learning material (PMIStandards+) provided by PMI (for 12 months)	✓	✓	
PMP Exam Fee – which gives you direct access to the exam (valid for 12 months after course registration)	✓	✓	
Additional digital learning material covering predictive, agile and adaptive PM methods in more detailed	✓		
In-Class Training	CHF 3'900	CHF 3'400	CHF 2'995
Virtual Training	CHF 3'600	CHF 3'100	CHF 2'695

Please note:

Students are highly encouraged to become members of PMI® and to take advantage of the free access to the PMI® PMBOK® *Project Management Body of Knowledge* together with the Agile Practice Guide, both of which are valuable support books for exam preparation. Also, PMI is constantly publishing new references that may be important for the exam as well.

OPTIONS

PMI Membership

<p>Gives access to PMI membership which includes a variety of benefits such as:</p> <ul style="list-style-type: none"> • Unlimited access to PMISTANDARDS+™ (Ready-to-go project plans, deliverable templates, and checklists) • additional learning material • newsletter and research papers related to project management profession 	<p>Valid for one year as of date of activation, any renewal falls into the responsibility of the candidate.</p> <p>Not refundable and not extendable</p>	CHF 139.-
--	--	-----------

Exam Fee

<p>Access to the online PMP Exam in one of the PMI® authorized test centers.</p> <p>The exam includes 180 questions of different types which needs to be answered within 230 minutes.</p>	<p>Valid for 12 months after course registration. If the candidate does not take the exam within this period, the costs will not be reimbursed – in any case.</p>	CHF 555.-
---	---	-----------

Digital Learning content

<p>Access to more than 70 lessons related to the project management approach according to PMI and outlining the various aspects that will be covered during the course and in the exam.</p> <p>The contents are aligned to the PMBOK Guide – 7th Edition, as well as to the 6th Edition and the learning material provided by PMI®.</p>	<p>Individual access to e-Learning platform, valid for 12 months</p> <p>Possibility to be contact the trainer throughout the platform.</p>	CHF 815.-
---	--	-----------

DATES

These course dates are guaranteed.

Courses take place in Geneva, Lausanne, Basel and Zurich or on-line on the following dates:

2025
Geneva
Sep 8/9 – Sep 22/23
Zurich
August 19/20 – Sep 11/12
Nov 3 /4 - Nov 20/21
Lausanne
Oct 30-31 & Nov 10-11 (in FRENCH)
Nov 27/28 – Dec 11/12
Baden
Sept 4-5 & 11-12 (in GERMAN)
Basel
Sep 25/26 – Oct 16/17
Virtual
Sep 29, 30, Oct 1, 8,9,10, 13,14,15
Nov 24,25,26, Dec 1,2,3,8,9,10

Times for Classroom courses: 8:30 to 17:30 / Virtual courses: 14:00 – 18:00 CET

VENUES

Geneva: Novotel Genève Centre, Rue de Zürich 19, 1201 Genève

Lausanne: Hotel Mirabeau, Avenue de la Gare 31, 1003 Lausanne

Zurich: Holiday Inn Zurich Messe, Wallisellenstrasse 48, 8050 Zürich

REGISTRATION

Please email us at info@virak.com. Upon your registration, you will receive a confirmation. 2 weeks before the course, you will receive from our partner STS all the logistical information needed to attend the course.

Please note:

- 5% discount for 2 or more registration at one time (different course dates possible).
- The invoice will be issued by VIRAK (a proPM-P partner) at the same address. For supplier portals please enter VIRAK as organizing company.
- Provide VIRAK with a purchase order for the invoice if required by your company.
- It is possible to combine dates of different venues without additional cost.

TERMS AND CONDITIONS

- All prices are in Swiss Francs (CHF).
- VAT applies for delivery in Switzerland and depending on national VAT legislation.
- Payment Terms: advance payment before course the begins.
- Payment by credit card subject to additional fee.
- Rescheduling/Cancellation until 4 weeks before course begin free of charge, venue cost and administration fee may apply for cancellation within 4 weeks of course begin.
- The official “PMI® Authorized PMP® Exam Prep” material is valid for 1 year as of activation. It is individual and cannot be transferred. It is not refundable and not extendable.
- E-Learning licenses are valid for 12 months. They are individual and cannot be transferred. They are not refundable and not extendable.